

# Birth Mother Needs

Imagine moving into an apartment all alone with virtually nothing to call your own. Some Christian Homes' birth mothers arrive with little more than a small suitcase of belongings, and the unborn child whose future she is planning.

Providing the Birth Mother Basics for a new Christian Homes' birth mother is a wonderful way to affirm a young woman's choice to consider adoption for her unborn baby. At the conclusion of her stay at Christian Homes, she is allowed to take all the items with her to use in establishing a new and better life.

Birth mother Basics are all the essentials a young woman will need living in her maternity apartment. Below is a typical list of the basics each birth mother needs.

## Spiritual Basics

- Bible (Women's Devotional or Daily Devotional Bible preferred)
- Journal
- Pens

## Kitchen Basics

- Frying pan, small pot and cookie sheet
- Cooking utensils such as a knife, spatula, wooden spoons
- Plates, glasses and flatware
- Cup towels and dishcloths
- Dish Drainer

## Bedroom Basics

- Sheets for a full or queen bed
- Bedding sets
- Pillows

## Bath Basics

- Bath towels, hand towels, and washcloths
- Bath mat
- Standard shower curtain

## Toiletries

- Shampoo, conditioner, bath and hand soap
- Deodorant and body lotion
- Disposable razors
- Toothpaste and toothbrush
- Mouthwash

